



AVILA PRODUCT LIST FOR APRIL 2016

Customer Name:				Tel:0118 921 0200			Order Date:			
Customer Address:				Sales Representative:						
Customer Email:				email:Personalshopper@avilauk.com						
Phone Number:										
ITEM DESCRIPTION			SIZE	QTY	PRICE	ITEM DESCRIPTION		SIZE	QTY REQ	PRICE
MEAT, POULTRY AND SEAFOOD						READY MEALS				
MEAT			SIZE	QTY	PRICE	STEWES & OFADA STEWS		SIZE	QTY	PRICE
Beef Shin 1kg			1Kg			Ofada Stew		1kg		
Beef Shin 5kg			5Kg			Ofada Stew		2kg		
Beef Shin 10kg Box			10Kg			Beef Stew		1kg		
Goat Meat 1kg			1Kg			Beef Stew		2kg		
Goat Meat 5kg			5Kg			Chicken Stew		1kg		
Goat Meat 10kg Box			10Kg			Chicken Stew		2kg		
Honeycomb Tripe			1Kg			Fish Stew		1kg		
Beef Tripe			900g							
Beef Intestine (Abodi)			1Kg							
Ox Tail			900g							
Cow Liver			1Kg			PEPPERSOUP AND SOUPS		SIZE	QTY	PRICE
Cow Leg			1Kg			Assorted Goat Meat Peppersoup		1kg		
Beef Skin (Kpomo)			1Kg			Assorted Beef Peppersoup		1kg		
Beef Intestine (Abodi)			1Kg			Catfish Peppersoup		1kg		
Cow Kidney			1Kg			Egusi Soup		1kg		
Goat Head (Special Order)						Egusi Soup		2kg		
						Efo Riro Soup		1kg		
						Efo Riro Soup		2kg		
						Ogbono Soup		1kg		
						Mixed Okro Soup		1kg		
POULTRY			SIZE	QTY	PRICE	Nsala (White) Soup		1kg		
Hard Chicken Leg and Thigh 900g			900g							
Hard Chicken Leg and Thigh 9Kg Box			9Kg							
Whole Hard Chicken 1300g			1.3Kg							
Whole Smoked Hen 1300g			1.3Kg			RICE DISHES		SIZE	QTY	PRICE
Chicken Drumsticks 3Kg Bag			3Kg			Jollof Rice		2Kg		
Chicken Gizzards 900g			900g			Fried Rice		2Kg		
Turkey Wings 900g			900g			Moinmoin in Traditional Leaves (Pack of 5)				
Turkey Wings 4.5Kg Box			4.5Kg							
Smoked Turkey Drumsticks 800g			800g							
Smoked Turkey Drumsticks 4Kg Box			4Kg							
Smoked Turkey Wings 800g			800g			BAKERY				

Smoked Turkey Wings 4Kg Box	4Kg			Angel Agege Bread 800g	800g		
				Lulu Sweet Bread 800g	800g		
				Lulu Sweet Bread 800g	800g		
SEAFOOD							
FROZEN	SIZE	QTY	PRICE				
Whole Tilapia Small 2.5Kg Bag (Clean)	2.5Kg			FRESH VEGETABLES AND OILS			
Whole Tilapia Small 5Kg Box (Clean)	5Kg			FRESH VEGETABLES	SIZE	QTY	PRICE
Whole Tilapia Medium 2.5Kg Bag (Clean)	2.5Kg			Fresh Spinach (2 for £1.00)			
Whole Tilapia Medium 5Kg Box (Clean)	5Kg			Fresh Red Pepper (Pack of 3)			
Whole Tilapia Large 3Kg Bag (Clean)	3Kg			Box of Fresh Red Pepper 5Kg	5Kg		
Whole Tilapia Large 6Kg Box (Clean)	6Kg			Fresh Scotch Bonnet (Hot Peper) 150g	150g		
Whole Catfish Medium 2.5Kg Bag (Clean)	2.5Kg			Fresh Onions 4kg Bag	4Kg		
Whole Catfish Medium 5Kg Box (Clean)	5Kg			Fresh Okra 400g	400g		
Whole Pangasius (Obokun) Medium 2.5Kg Bag (Clean)	2.5Kg			Fresh Ugwu (Available on Thurs, Fridays and Sat)	1 Bunch		
Whole Pangasius (Obokun) Medium 5Kg Box (Clean)	5Kg			Fresh Waterleaf (Available on Thurs, Fridays and Sat)	1 Bunch		
Whole Yellow Croaker Medium 2.5Kg Bag (Clean)	2.5Kg			Fresh Moinmoin Leaves (Available on Thurs, Fridays and Sat)	1 Bunch		
Whole Yellow Croaker Medium 5Kg Box (Clean)	5Kg						
Whole Yellow Croaker Large 1Kg Piece (Unclean)	1Kg						
Whole Red Tilapia Medium 2.5Kg Bag (Clean)	2.5Kg						
Whole Red Tilapia Medium 5Kg Box (Clean)	5Kg			DRIED VEGETABLES	SIZE	QTY	PRICE
Whole Red Snapper 3Kg Box Clean	3Kg			Dried Ugwu 30g	30g		
Whole Mackerel 1Kg (3 Pieces) (Clean)	1Kg			Dried Utazi Leaves 30g	30g		
Box of Whole Mackerel 20Kg	1Kg			Dried Uziza Leaves30g	30g		
Pangasius Steak (Obokun) 1Kg Bag (Clean)	1Kg			Dried Scented (Efirin) Leaves30g	30g		
Pangasius Steak (Obokun) 5Kg Box (Clean)	5Kg			Dried Bitter Leave 30g	30g		
Kingfish Steak 1kg Bag (Clean)	1kg			Dried Banga Spice 30g	30g		
Hake Steak 2Kg (Clean)	2Kg			Avila Suya Spice70g	70g		
King Prawns 500g	500g			Avila Peppersoup Spice70g	70g		
				Hot Chilli Ground Pepper 100g	100g		
SMOKED & DRIED SEAFOOD	SIZE	QTY	PRICE				
Avila Whole Crayfish 100g	100g			FROZEN VEGETABLES	SIZE	QTY	PRICE
Avila Grounded Crayfish 80g	80g			Frozen cassava leaf (Pondu)500g	500g		
Avila Stockfish Fillet 100g	100g			Frozen Moloukhia (Ewedu) 400g	400g		
Avila Stockfish Steak 100g	100g			Frozen Ugwu (Pumpkin Leaves)500g	500g		
Smoked Whole Catfish (Eja Kika) Special Offer	170g			Frozen Bitterleaf 500g	500g		
Smoked Whole Baracudda (Eja Kika)Special Offer	170g			Frozen SweetPotato Leaves (Matembele)300g	300g		
				Avila Frozen Locust Beans (Iru) 150g	150g		
				Frozen Okazi 250g	250g		
TUBERS, GRAINS AND FLOURS							
FLOURS & DOUGHS	SIZE	QTY	PRICE				
Ijebu Gari 1.5Kg	1.5Kg						
Ijebu Gari 4Kg	4Kg			PALM OILS	SIZE	QTY	PRICE

<i>Ijebu Gari 20Kg (Special Order)</i>	20Kg			<i>Olu Olu Palm Oil 1Ltr</i>	1 Ltr		
<i>Yellow Gari 1.5Kg</i>	1.5Kg			<i>Olu Olu Palm oil 4.5Ltr</i>	4.5 Ltr		
<i>Yellow Gari 4Kg</i>	4Kg			<i>Jumbo Palm Oil Nigerian Taste 1Ltr</i>	1 Ltr		
<i>Yellow Gari 20Kg (Special Order)</i>	20Kg			<i>Jumbo Palm Oil Ghana Taste 1Ltr</i>	1 Ltr		
<i>White Gari 1.5Kg</i>	1.5Kg			<i>Ghana Fresh Palm Nut Soup 400g</i>	400g		
<i>White Gari 4Kg</i>	4Kg						
<i>White Gari 20Kg (Special Order)</i>	20Kg						
<i>Olu Olu Pounded Yam 1.5Kg</i>	1.5Kg						
<i>Olu Olu Pounded Yam 4.5Kg</i>	4.5Kg			DRINKS	SIZE	QTY	PRICE
<i>Olu Olu Pounded Yam 9Kg</i>	9Kg			<i>Afrimalt 500MI Pack of 24</i>	12Kg		
<i>Ola Ola Pounded Yam 1.5Kg</i>	1.5Kg			<i>Maltina 330MI Pack of 24</i>	8 Kg		
<i>Ola Ola Pounded Yam 4.5Kg</i>	4.5Kg			<i>Maltina 330MI Pack of 24</i>	8 Kg		
<i>Honeywell Semolina 2Kg</i>	2Kg			<i>Malta Guinness Pack of 24</i>	8 Kg		
<i>Golden Penny Semovita 2Kg</i>	2Kg			<i>Schweeps Bitter LemonPack of 24</i>	8 Kg		
<i>Honeywell Wheat Flour 2Kg</i>	2Kg			<i>Nigerian Coke Pack of 24</i>	8 Kg		
<i>Yam Flour (Elubo) 1.5Kg</i>	1.5Kg						
<i>Olu Olu Beans Flour 1.5Kg</i>	1.5Kg						
<i>Cassava Flour 1.5Kg</i>	1.5Kg						
<i>Mamas Choice Fufu Plantain Flour 680g</i>	680g			SAUCES, SPICES AND SEASONINGS	SIZE	QTY	PRICE
<i>Mamas Choice Fufu Plantain Flour 4Kg</i>	4Kg			<i>Knorr Original Beef Cubes 400g</i>	400g		
<i>Mamas Choice Fufu Cocoyam Flour 680g</i>	680g			<i>Knorr Chicken Cubes 400g</i>	400g		
<i>Mamas Choice Fufu Cocoyam Flour 4Kg</i>	4Kg			<i>Knorr Aromat All Purpose 90g</i>	90g		
<i>Tropiway Fufu Plantain Flour 680g</i>	680g			<i>Maggi Cube 400g</i>	400g		
<i>Tropiway Fufu Cocoyam Flour 4Kg</i>	4Kg			<i>Jumbo Beef Stock 1Kg</i>	1Kg		
<i>Horseshoe Ground Rice 5Kg</i>	5Kg			<i>Jumbo Chicken Stock 1Kg</i>	1Kg		
<i>Horseshoe Ground Rice 10Kg</i>	10Kg			<i>Jumbo Fisk Stock 1Kg</i>	1Kg		
<i>Cassava Dough 2Kg</i>	2Kg			<i>Jumbo Aroma All Purpose 1Kg</i>	1Kg		
<i>Corn Dough 2Kg</i>	2Kg			<i>Nigerian Lion Curry 25g x 12</i>	300g		
<i>Avila Frozen Ogi (White) 300g</i>	300g			<i>Nigerian Lion Thyme x 12</i>	300g		
<i>Avila Frozen Ogi (Yellow) 300g</i>	300g			<i>Dunn's River Thyme 250g</i>	250g		
<i>Avila Frozen Ogi (Brown) 300g</i>	300g			<i>Dunn's River Mild Curry 500g</i>	500g		
<i>Abacha Cassave Flakes 150g</i>	150g			<i>Dunn's River Hot Curry 500g</i>	500g		
GRAINS	SIZE	QTY	PRICE				
<i>Aani Rice Easy Cook 5Kg</i>	5Kg			SNACKS	SIZE	QTY	PRICE
<i>Aani Rice Easy Cook 10Kg</i>	10Kg			<i>Olu Olu Plantain Chips Sweet Flavour 60g</i>	60g		
<i>Tolly Boy Easy Cook 5Kg</i>	5Kg			<i>Olu Olu Plantain Chips Sweet Chilli Flavour 60g</i>	60g		
<i>Tolly Boy Easy Cook 10Kg</i>	10Kg			<i>Olu Olu Plantain Chips Green Flavour 60g</i>	60g		
<i>Asli Golden Sella Basmati Rice 5Kg</i>	5Kg			<i>Box of Olu Olu Plantain Chips Sweet Flavour 60g x 24</i>	14.4Kg		
<i>Asli Golden Sella Basmati Rice 10Kg</i>	10Kg			<i>Box of Olu Olu Plantain Chips Sweet Chilli Flavour 60g x 24</i>	14.4Kg		
<i>Ofada Rice 1.5Kg</i>	5Kg			<i>Box of Olu Olu Plantain Chips Green Flavour 60g x 24</i>	14.4Kg		
<i>Red Beans (Oloyn Beans) 1.5Kg</i>	5Kg			<i>His Grace Chin Chin 64g</i>	64g		
<i>Box of Indomie Noodle Chicken Flavour 2.8Kg</i>	2.8Kg			<i>His Grace Chin Chin 128g</i>	128g		

<i>Box of Indomie Noodle Onion Chicken Flavour</i> 2.8Kg	2.8Kg			<i>Roasted African Peanuts</i> 370g	370g		
<i>Green Dragon Fragrance Rice</i> 5Kg	5Kg						
<i>OluOlu Peeled Beans</i> 1.5Kg	5Kg						
<i>Black Eye Beans</i> 1.5Kg	5Kg			CANNED MEAT AND FISH	SIZE	QTY	PRICE
				<i>Titus Sardine in Vegetable Oil</i>	125g		
				<i>Titus Sardine in Spiced Vegetable Oil</i>	125g		
TUBER & Plantain	SIZE	QTY	PRICE	<i>Geisha in Tomato Sauce</i> 155g	155g		
<i>Fresh Yam (1 Tuber)</i>	1 Tuber			<i>Geisha in Tomato Sauce</i> 425g	425g		
<i>Box Of Fresh Yam</i> 20Kg	20 Kg			<i>Geisha in Chili Sauce</i> 155g	155g		
<i>Yellow Plantain (3Pcs for £1)</i>				<i>Geisha in Chili Sauce</i> 425g	425g		
<i>Yellow Plantain Box</i> 20Kg	20 Kg						
<i>Green Plantain (3Pcs for £1)</i>				CANNED VEGETABLES AND FRUITS	SIZE	QTY	PRICE
<i>Green Plantain Box</i> 20Kg	20 Kg			<i>KTC Chopped Tomatoes</i> 400g	400g		
				<i>KTC Chopped Tomatoes</i> 400g x 12	4.8Kg		
				<i>KTC Peeled Plum Tomatoes</i> 400g	400g		
CANS,PACKETS AND JARS				<i>KTC Peeled Plum Tomatoes</i> 400g x 12	4.8Kg		
BEVERAGE AND CEREALS	SIZE	QTY	PRICE	<i>De Rica Tomatoes</i> 70g	70g		
<i>Golden Morn Cereal</i> 500g	500g			<i>De Rica Tomatoes</i> 400g	400g		
<i>Golden Morn Cereal</i> 1Kg	1kg						
<i>Ovaltine</i> 500g	500g						
<i>Peak Milk Powder</i> 400g	400g						
<i>Nido Milk Powder</i> 400g	400g						
<i>Nestle Milo (Nigerian)</i> 500g	500g						
<i>Nestle Milo (Nigerian)</i> 1Kg	1kg						
<i>Cerelac Wheat with Milk</i> 400g	400g						
<i>Cerelac Wheat with Milk</i> 1Kgg	1kgg						
<i>Cerelac Rice and Maize</i> 400g	400g						
<i>Cerelac Mixed Fruit and Wheat</i> 400g	400g						
<i>Cerelac Mixed Vegetable and Rice</i> 400g	400g						
<i>Cerelac Apple and Wheat</i> 400g	400g						
<i>Cerelac Banana and Wheat</i> 400g	400g						
<i>Cerelac Honey and Wheat</i> 400g	400g						
<i>Cerelac Honey and Wheat with Milk</i> 1Kg	1kg						

05/04/2016

Other product available, please ask.

Avila reserves the right to change prices without notice, prices are only a guide.